

# **BOOK INFORMATION**

<b>TITLE:</b>	Real Healing After Caesarean	<b>PUBLICATION DATE:</b>	October 2006
<b>AUTHOR:</b>	Martha Jesty	<b>GENRE:</b>	Non-Fiction Drama
<b>ISBN:</b>	978-0-9553770-0-6	<b>PAGES:</b>	200
<b>PUBLISHER:</b>	Help Women Ltd		

## **Book Adaptation**

<b>Name of film:</b>	Real Healing	<b>Time Period:</b>	Present Day
<b>Author:</b>	Martha Jesty	<b>Budget:</b>	Low
<b>Genre:</b>	Documentary	<b>Target Market/</b>	
<b>Locations:</b>	UK, Peru	<b>Demographic Focus:</b>	Women 25-55

## **Genre/Market/Demographic Focus:**

Women, men and people working with families in the world who have been affected by the lack of care and training among the health professionals leaving a trail of traumatized women and children in society. In the UK alone there are 10,000 women who suffer trauma after giving birth affecting the bonding with their children which leads to traumatized children. Most of the women and children in the UK and USA are being misdiagnosed, women with Post Natal Depression and children with ADHD (Attention deficit Hyperactivity Disorder). This results in consequences in their health and life. Due to the lack of a National Health Programme for these sufferers in these two World Powers, there have been certain consequences:

1. The abortion rate for the second child is increasing per year because of Tokophobia (fear of getting pregnant again or giving birth)
2. Divorces due to angry and transformed-monster like women as well as Vaginismus (the impossibility of making love)
3. Violent and unruly teenagers
4. Court cases

PN PTSD and its consequences is a topic that none of these governments want to talk about or expose because it will reveal the lack of care among the health professionals and how love and concern for the patient has ceased as we live in a more selfish society.

**Logline:**

Three women try to survive the after effects of industrialized birthing practices. They and their children are traumatized by the experience, and one of the women...

**The Story:**

Martha, Celia, and Sheila are women about to have children. Two of them will survive with the scars of a cold, modern medical system. One of them will take her own life in Post Traumatic Stress Disorder. This is their story.

Martha is on top of the world. She's knighted by the Queen of England, a proud wife and mother, and the successful proponent of an international organization to help mothers and families survive Post Natal PTSD. But it wasn't always this way. And it's not that way for most women suffering from this illness.

Celia is one of those women, and so is Sheila. Celia lives in Lima where she takes care of her daughter Rosario. But Rosario isn't her only child. She has a son, Anderson, who was kidnapped by his.....

Sheila wasn't so lucky. After a very traumatic first birth with forceps and little follow-up care, she re-lives her trauma day after day with constant flashbacks.....Sheila finds a way out of her torment by ....

Martha was once in Sheila's shoes. With only herself and her husband as a resource, she began to mentally crumble. She came to the point where her child became her enemy. She even thought about killing her little .....

***Real Healing*** is the true story of Martha Jesty, her journey, and the journey of women like her around the world suffering from Post Natal PTSD. In the tradition of "North Country," "Erin Brokovitch," and "Norma Rae" comes a story about the difference one person can make.

**Critique Section available by request. Contact Martha Jesty for the Critique Section or for more copies of newspapers interviews:**

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